



2021 Summer Camp Protocols

## ***Preface***

For the sake of this document:

All First Tee representatives on-site and involved in programming are referred to as

**“coaches,”** whether they are full-time staff, part-time staff, adult volunteers, interns, or junior coaches.

All players engaged in the learning environment are referred to as **“players.”**

All procedures are based on the most recent guidelines provided by local government, and in this case for the state of Virginia. Guidance is subject to change over time and based on the applicable jurisdiction(s).

## **Virus Prevention Procedures**

### **Proper Hygiene:**

- Wash hands thoroughly (for a minimum of 20 seconds) and frequently (at least once before and after every class).
- Hand sanitizer and facial tissue are available in high traffic areas. Disinfect equipment and learning areas (see below).

### **Face Masks:**

- If NOT fully vaccinated, coaches and players are required to wear masks inside.
  - Exceptions:
    - While eating or drinking
    - Exercising
    - Anyone who has trouble breathing or health issues that would put their health at risk by wearing a cloth face covering.

### **6ft Social Distancing and No touching:**

- Players and coaches are to remain 6ft away
- No touching will be allowed of players, coaches, and equipment to limit contact tracing

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- Coaches and players are to use their words and demonstrate coaching activities
- This is a great opportunity to showcase sportsmanship through words and gestures: saying "Good Job," giving "air high 5s"
- Only exceptions to emergency situations will be allowed.

### **Health screening for coaches & players:**

- Each day of camp, coaches will provide the health screening below to all players and coaches.
- If the coach or player fails the health screening, they will not be able to participate in the camp.

### **Ask if:**

- Medication was used to lower temperature
- Player has been exposed to anyone with coronavirus
- Player is awaiting test results in the last 14 days
- Player has traveled out of the country within the last 14 days
- Experiencing coronavirus or flu like symptoms
  - Coughing
  - Shortness of breath or difficulty breathing
  - Fever
  - Chills
  - Muscle pain
  - Sore throat
  - New loss of taste or smell
- Check temperature with contact-less thermometer

Pass: No to all questions and body temperature is around 98.6 degrees

Fail: Yes, to any of the questions above and body temperature is greater than 100.4 degrees Players and Coaches will be required to leave.

### **Capacity**

Half Day and Full Day camps capacities are between 24 - 48 participants.

Participant to Coach Ratio will be 6:1 or less.

Little Legends Camps capacities are set between 12-15 participants.

## Equipment

### Clubs:

- All players are required to bring their own clubs if they have a set.
- **Players' golf bags and clubs need to be labeled with their full name.**
- If a player does not have their own clubs, a set will be provided for the week of camp.
- This set will consist of 1 putter, 1 wedge, 1 long iron, and 1 wood.

### Golf Balls:

- Each player will need to label their golf balls for the duration of camp.
- If a player does not have their own golf ball, they will be provided 3 golf balls with identification.
- There will be no exchanging or swapping of the golf balls. Players will keep their golf balls in their bag and will be the only ones able to handle them at camp.
- At the end of camp, players will return golf balls if borrowed.

### First Tee Activity Equipment:

- After each camp day, coaches will sanitize all equipment that may have been touched by participants.

### Bag Zone:

- Each player will have a designated cone and mat where they will keep their belongings. This includes their bag, clubs, and water bottle.
- There will be no sharing of any personal belongings.

### Additional Equipment from Home:

- In preparation for potential rain days, we ask that players bring the following supplies every day for rain delay activities and crafts
  - Crayons
  - Washable Markers
  - Spiral Notebook
  - Pencils / Writing Utensils
  - Glue
  - Rounded Edge / Blunt Scissors
- If a player does not have these supplies, a set will be provided for the week.

## Drop Off and Pick Up Procedures

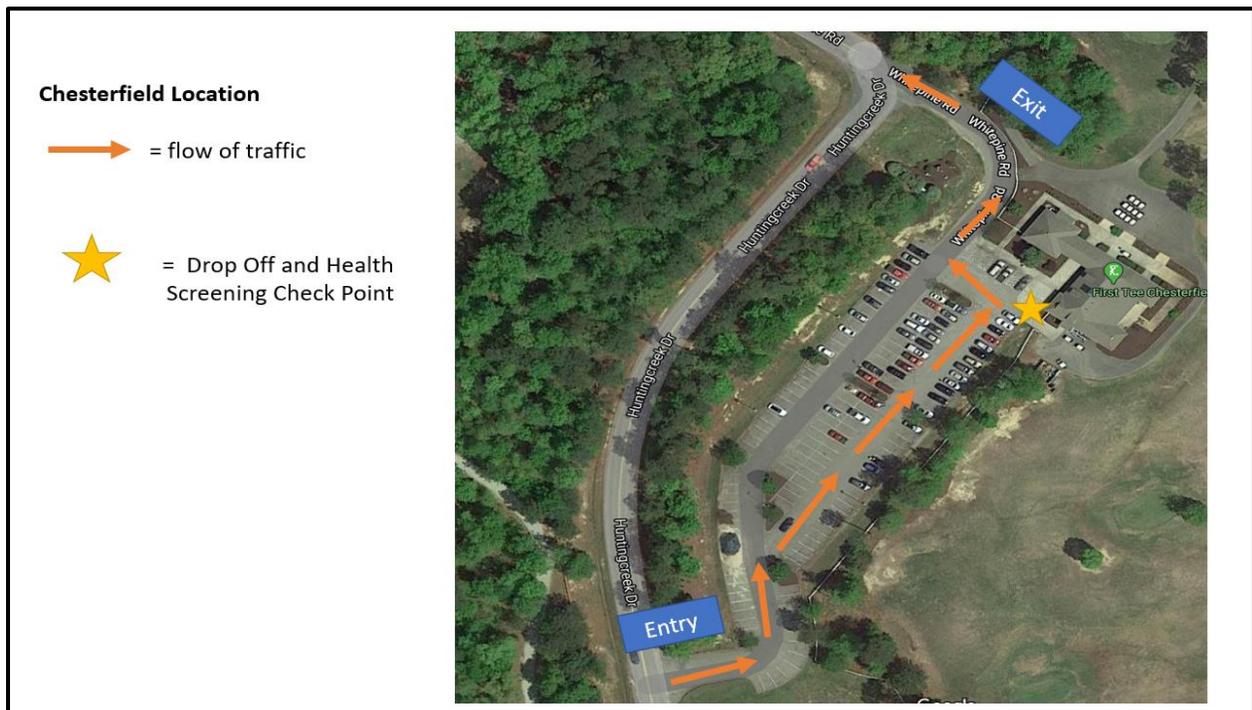
### Drop Off:

- Parents will pull-up to the parking lot drop-off, where a coach will be present. Please wait in the car until the coach is ready to receive the player.
- When a coach is ready to receive the player, the coach will provide the health screening for the player to participate in the camp.
- After the passed screening, players will be provided a designated area where they will place their bag, water, snacks.

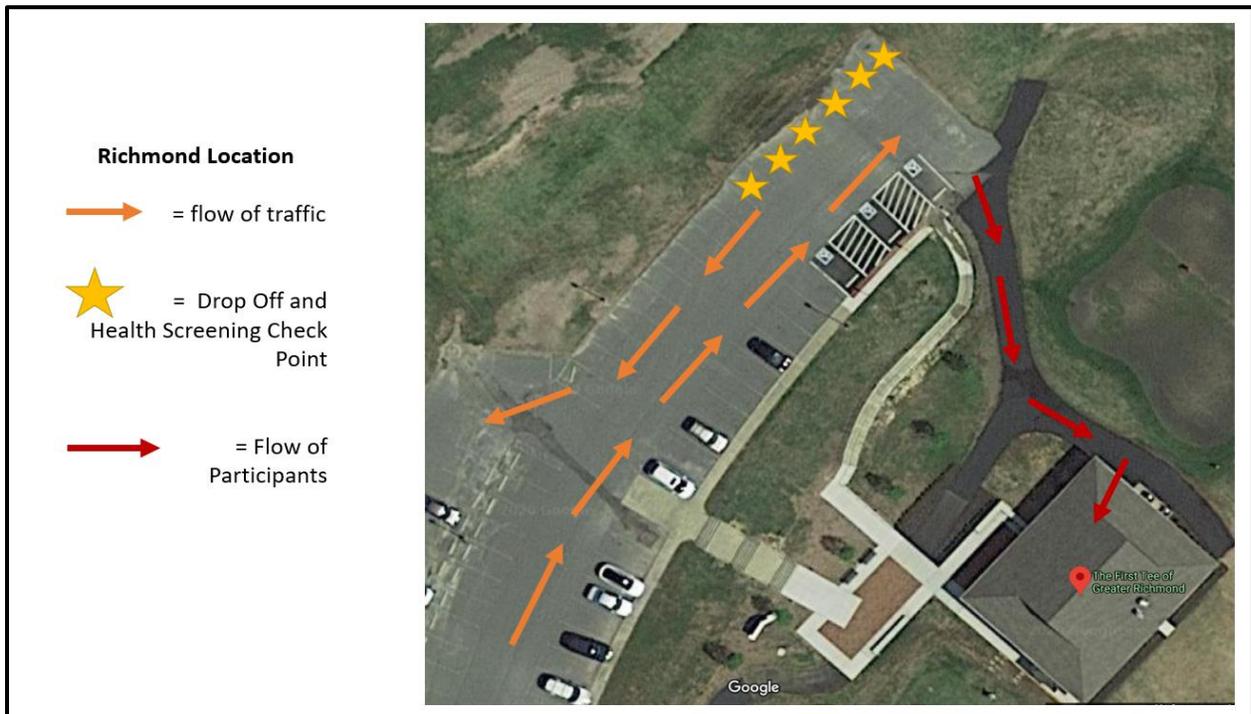
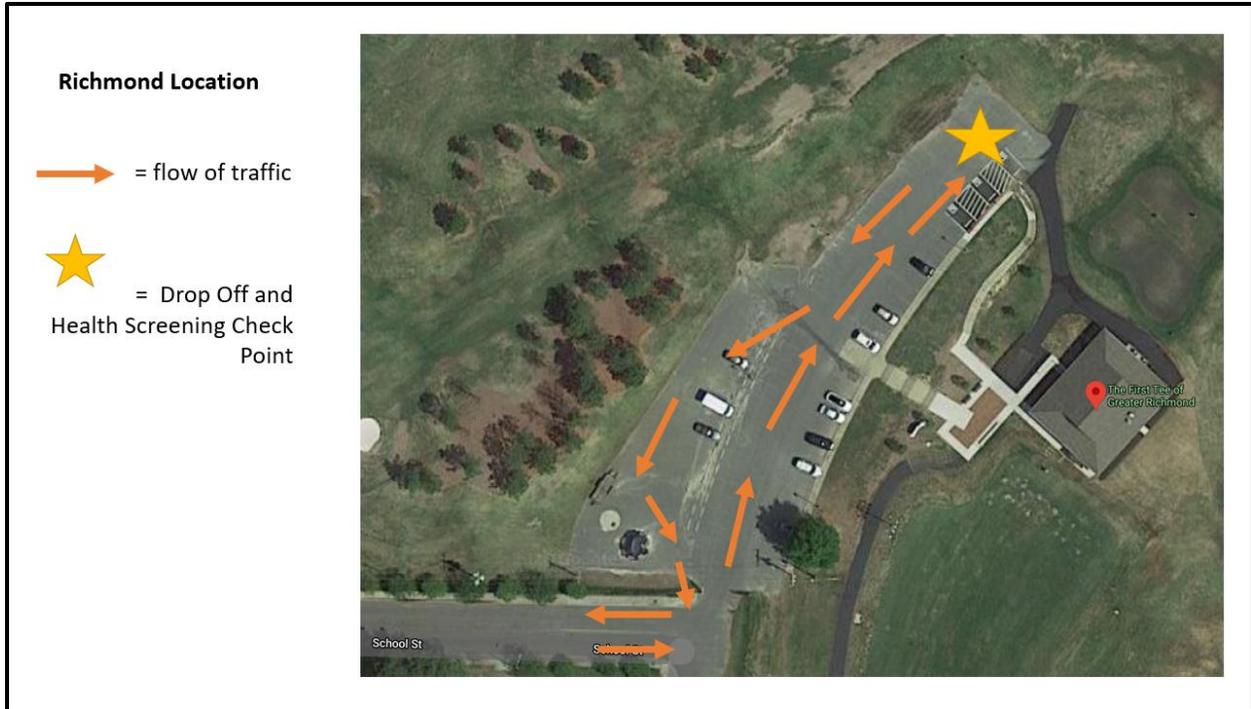
### Pick-Up:

- At the time of pick-up, a coach will be present dismissing players as parents are in line for pick up.
- Parents are to stay in their cars awaiting their child for dismissal.

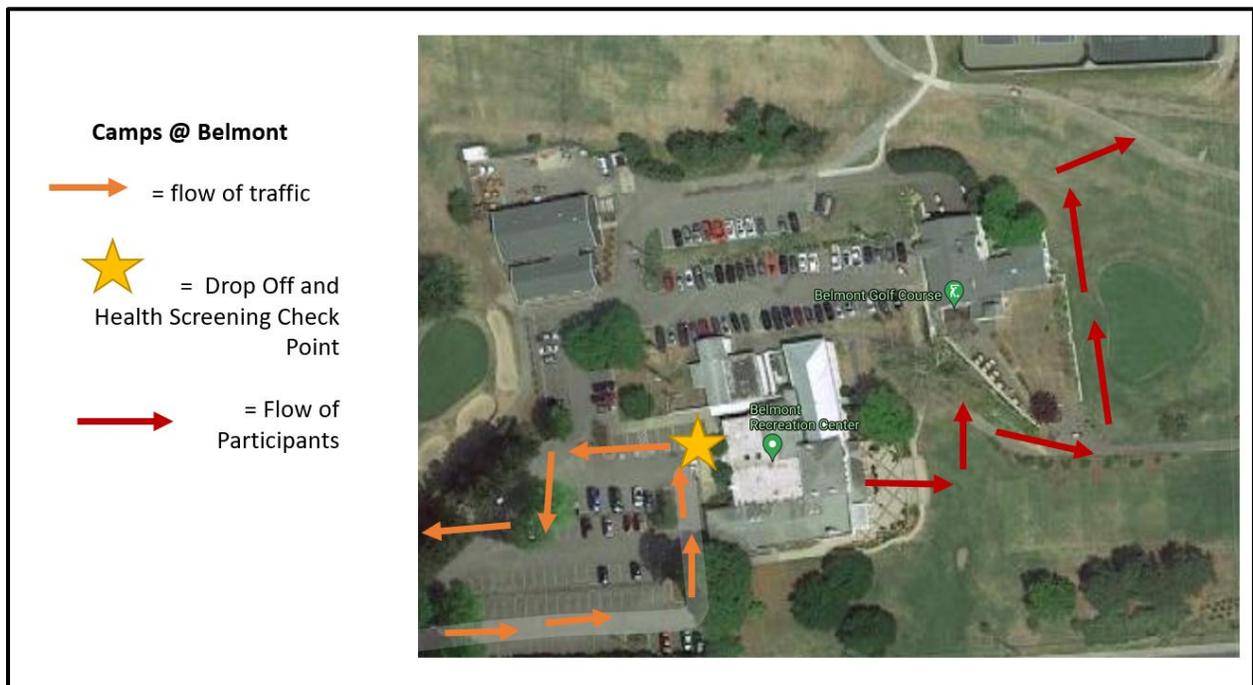
## Diagrams for Pick-Up and Drop-Off



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### Food and Beverage During Camp

#### Lunch:

- Players in Half Day Camps or Little Legends camps will not have lunch on site. Half Day Camp will end prior to lunch time.
- Players and coaches in **Full day** camps are expected to bring their own lunch all 5 days.
- Players in all camps can bring 2-3 snacks for desired snack breaks.
- **Snacks with peanuts are absolutely prohibited.**

#### Water and Hydration:

- Players will be required to bring a labeled water bottle to camp every day.
- Coaches will lead players to water refilling station no more than 5 players at a time during snack breaks to refill water bottles.
- Only coaches will touch the cooler.

## FAQ's

When should someone stay home?

- If someone in your household has had any cold/flu symptoms in the past 72 hours.
- People who are at a higher risk, including those: age 60+, with weakened immune systems, who are pregnant, and those with underlying health conditions including cancer, heart disease, lung disease, or diabetes.

What if a coach or player does not pass the screening?

Those who do not pass the screening are not permitted to participate and must return home.

What if a coach does not comply with the guidelines?

Revisit the expectations and guidelines, and if the coach still does not comply, ask them to go home and/or call the Program Director to report the incident.

What if a player does not comply with the guidelines?

Revisit the expectations and guidelines, and if the player still does not comply, make immediate contact with a parent or guardian by phone. Report the incident to the Program Director.

How do we provide first aid or medical care while maintaining proper distancing?

If medical care is required, that is the first priority. While the coach should not hesitate to follow First Aid & CPR procedures, including Check, Call & Care, they should first put on a face mask and disposable gloves.

Will the clubs provided need to be returned at the end of the camp?

Yes, the clubs provided for players during the week of camp should be returned to coaches at the conclusion of camp.

Will there be ice buckets for players and coaches to keep their drink cold?

Unfortunately, not. In order to keep personal items, separate and to keep contact low, players and coaches will keep their personal items at their designated space. Please plan to keep water and other items cold.

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